



15501 San Fernando Mission Blvd., Suite 100  
Mission Hills, CA 91346-9604  
818-361-6400 Ext. 111 • 818-365-5523 fax  
kim@jaynolan.org  
www.jaynolancamp.org

## **JAY NOLAN CAMP APPLICATION PACKET – SUMMER 2026**

**We're headed out to the woods, and we're excited for you to join us!  
Thank you for choosing to be a part of Jay Nolan Camp!**

My name is Kim Cade-Henry. I'm your Camp Director, and your first call if you have any questions or concerns as we prepare your child for Camp.

**We know the first questions you have are:**

### **WHEN AND WHERE IS JAY NOLAN CAMP?**

**Camp Dates are July 26 - July 31, 2026**

Jay Nolan Camp will be held at *The Lions Camp at Teresita Pines*  
(<http://www.campteresitapines.org>)

### **AND HOW MUCH DOES IT COST?**

#### **2026 Camp Rates**

	<b>Dec 1-Feb 29</b>	<b>Mar 1-May 31</b>	<b>June 1- July 17</b>
<b>Counselor-in-Training (CIT) Program 14yr – 15yr</b>	<b>\$600</b>	<b>\$600</b>	<b>\$600</b>

- ❑ We are happy to offer some fundraising ideas to involve your friends and family in helping your Camper get to Camp.
- ❑ If you believe your child requires 1:1 support, we will be happy to meet with your family for an assessment and work with you to request additional staffing through the Regional Center. Please contact us early so we can get that paperwork started!
- ❑ If your Camper requires additional support/supervision and is not a client of the Regional Center, there may be an additional fee. This is determined solely by Camp Administrative Staff.

**Turn the page, and let's get ready to go to Jay Nolan Camp!**

## INSTRUCTIONS

1. Fill out application completely. Include an up-to-date photo, and signed releases.  
*The application is designed to have all the information needed to help ensure a safe/quality experience for your child.*
2. Please help your Camper prepare for an interview. The CIT program is for select participants with and without disabilities who demonstrate leadership potential. Positions are based on Camper enrollment, and we have 4-6 CIT positions available.
3. A minimum \$200 down payment is due after your camper has been selected for our CIT program. Please refer to 'Payment Schedule'. We accept partial payments until we leave for Camp. Please contact Kim to arrange this.
4. Mail, fax, e-mail or drop off application and payment to:

**Kim Cade-Henry – Camp Director**  
**Jay Nolan Community Services, Inc.**  
**15501 San Fernando Mission Blvd, PO Box 9604**  
**Mission Hills, CA 91346-9604**  
[Kim@jaynolan.org](mailto:Kim@jaynolan.org)  
**Fax # (818) 365-5523**

**\* 'Medical Examination Form' must be completed/signed by a physician 30-60 days before Camp. Please send in the rest of the application and return the Exam Form when your child has completed their doctor's visit.**

Once the application is processed, a letter of acceptance will be mailed to you. Information on CIT Training day as well as where to meet for Pick-up/ Drop-off, and a list of 'What to Bring', etc., will be mailed one month prior to camp (June 2026).

If your child has a disability and has not attended Jay Nolan Camp previously, we will need to arrange a meeting with you and your child prior to camp to review the application and discuss the support needs your child may have while at camp. An appointment can be scheduled to take place during business hours at the Jay Nolan Community Services office, or we can arrange a more convenient time to meet at your home.

## HOW TO HELP JAY NOLAN CAMP'S INCLUSIVE ENVIRONMENT

You've chosen to send your child to an inclusive camp for children with and without disabilities to be able to interact with and learn from each other. We're always in search of more children without disabilities to attend our camp. The ratio for each camp session is: 30-35% children with a developmental disability, 65-70% without a disability. At this point, those with an understanding/appreciation of the differences amongst people are the biggest spokespeople on the benefits of sending a child without a disability to a camp like ours. Send an (8-13 year old) sibling, family member, friend, schoolmate, neighbor, etc. our way! More applications can be downloaded at: <http://jaynolancamp.org/> or contact Kim Cade-Henry at (818) 361-6400 x111.

**This Camp Application is printed on both sides of the page.  
Please make sure to fill out the application completely!**

Place  
CIT's  
Recent  
Photo  
Here



15501 San Fernando Mission Blvd. Suite 100  
P.O. Box 9604 Mission Hills CA 91346-9604  
(818) 361-6400 Ext. 111 (Camp Director)  
(818) 365-5523 (Fax)

[Kim@jaynolan.org](mailto:Kim@jaynolan.org) (E-mail)

<http://www.Jaynolancamp.org> (Website)



## Jay Nolan Camp - CIT Application

**Instructions:** We are accredited by the American Camp Association and maintain the standards set by them, in addition to our own. You are required to have a complete application, photo, up-to-date immunizations, and a medical exam signed by a licensed physician (listing all current/correct medications). Anything that would be non-applicable, please put 'N/A'. If you need assistance with any of the above, please let us know.

### 2026 Camp Sessions at Lions Camp at Teresita Pines (Wrightwood, CA) July 31 – July 31, 2026

CIT Applicant's Name \_\_\_\_\_  
First Last

Address \_\_\_\_\_  
Street

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Telephone \_\_\_\_\_ Date of Birth \_\_\_\_\_  
MM/DD/YY

Gender:

- ☐ Male  
☐ Female

Birthday at  
Camp?  
\_\_\_\_\_

Age while at  
camp:  
\_\_\_\_\_

How did you hear about  
Jay Nolan Camp?

- ☐ Friend  
☐ Newspaper/Magazine  
☐ Conference  
☐ American Camp  
Association Directory  
☐ Previous Attendance  
☐ Regional Center  
☐ Online (we'd love to  
know where you found  
us!) \_\_\_\_\_  
☐ Other: \_\_\_\_\_

Tee Shirt Size \_\_\_\_\_

Standard tee shirts are available  
in Youth S,M,L and  
Adult S, M, L, XL, 2XL.

Please specify Youth or Adult.

Payment Method:

- ☐ Check enclosed  
☐ Credit Card  
☐ Regional Center



# PAYMENT SCHEDULE FOR COUNSELORS-IN-TRAINING

Application and payment must be sent together and by the dates that follow to receive the specific rate.

	Jan 1- Feb 28	Mar 1-May 31	June 1- July 17
CIT	\$600	\$600	\$600

**Down Payment - \$200.00** (due with application)

Jay Nolan Recreational Services, Inc. reserves the right to review and discuss individual needs for support and supervision, which may result in an increased rate.

## CANCELLATION POLICY

Payment in full is required at the time of registration. If you need to cancel for any reason, we must receive written notice of cancellation (either mailed or faxed) by **June 15, 2026**. Your registration payment will be refunded less a \$50.00 service charge.

**Cancellations after that time and 'No-Shows' are non-refundable.**

Method of Payment:

- ☐ Check—made out to Jay Nolan Community Services, Inc.
- ☐ Visa
- ☐ MasterCard
- ☐ American Express

Date

Name on Card

Billing Address

City/State/Zip

Phone

Email

AMOUNT:

\$\_\_\_\_\_ Camp Payment

\$\_\_\_\_\_ Donation to help support Jay Nolan Camp

\$\_\_\_\_\_ Total enclosed or to be charged

Credit Card #

Exp. date

Authorized Signature

**CIT'S NAME:** \_\_\_\_\_

## PARENT(S)/ CAREGIVER(S) CONTACT INFORMATION:

Name \_\_\_\_\_ Relationship \_\_\_\_\_  
First Last  
Address (if different from applicant's) \_\_\_\_\_  
Street  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_  
Alt Cell Phone \_\_\_\_\_ E-mail \_\_\_\_\_  
Occupation/Title \_\_\_\_\_ Employer \_\_\_\_\_  
Work Phone \_\_\_\_\_ Ext. \_\_\_\_\_

Name \_\_\_\_\_ Relationship \_\_\_\_\_  
First Last  
Address (if different from applicant's) \_\_\_\_\_  
Street  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_  
Alt Cell Phone \_\_\_\_\_ E-mail \_\_\_\_\_  
Occupation/Title \_\_\_\_\_ Employer \_\_\_\_\_  
Work Phone \_\_\_\_\_ Ext. \_\_\_\_\_

## EMERGENCY CONTACT INFORMATION:

Name \_\_\_\_\_ Relationship \_\_\_\_\_  
First Last  
Address \_\_\_\_\_  
Street  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_  
Alt Cell Phone \_\_\_\_\_ E-mail \_\_\_\_\_  
Occupation/Title \_\_\_\_\_ Employer \_\_\_\_\_  
Work Phone \_\_\_\_\_ Ext. \_\_\_\_\_

**I GIVE MY PERMISSION FOR THE HEALTH CARE PROVIDER/ AUTHORIZED CAMP STAFF TO ADMINISTER MEDICATION AND PROVIDE ROUTINE HEALTH CARE (AS MAY BE NECESSARY).**

*Jay Nolan Recreational Services (JNRS) is a Covered Entity under HIPAA (the Health Insurance Portability and Accountability Act) to the extent JNRS receives private health information about any of its clients; JNRS will treat that information as private and comply with applicable privacy laws.*

Name \_\_\_\_\_ Relationship \_\_\_\_\_  
First Last  
Signature \_\_\_\_\_ Date \_\_\_\_\_

## CIT (Counselor-In-Training) Information To Review:

### CIT Cabin Assignments:

Each CIT will be assigned (by the Camp Administration) to assist one cabin group (Typically, one CIT per cabin). CIT's are assigned with gender, age, and experience taken into consideration.

### CIT Responsibilities:

A CIT is not a paid position. A CIT is typically a 14 or 15 years of age, assisting hands-on with the Jay Nolan Camp program. This is an experiential learning process for the CIT; learning the responsibilities of a Jay Nolan Camp Staff member, assisting with an inclusive environment for children with and without developmental disabilities. The CIT will not assume the role and responsibility of a Jay Nolan Camp Staff member.

The CIT's responsibilities, when necessary, include (but are not limited to):

- Assist Camp Staff in the registration process of camp
- Assist Camp Staff with their assigned camp group in all aspects of camp program/daily routine
- Assist Camp Staff with children with regards to basic hygiene
- Assist Camp Staff in the social development of children attending camp
- Attend a CIT program daily, designed to cultivate leadership skills, teamwork values, and becoming a positive role model

### CIT Rules:

- Jay Nolan Camp has a Zero Tolerance Policy on Smoking (for those under 18), which is also in accordance with State Law. Breaking this rule may result in being dismissed from camp.
- As with Camp Staff, Jay Nolan Camp has a Zero Tolerance Policy for alcohol, drugs, sexual contact, and abuse. Breaking any of these rules results in being dismissed from camp.
- CIT's are role models and need to act accordingly. No foul language. Dress and act appropriately. Respect curfew. Follow commonly accepted values of courtesy and respect at camp.

### CIT Perks:

- CIT's receive 75 hours of Youth Leadership per session (for educational purposes).
- CIT's are allowed to stay up until a designated curfew time and socialize with each other, while supervised.
- FUN! FUN! FUN!

**Note:** Participating in the Jay Nolan Camp CIT Program does not guarantee a future staff position with Jay Nolan Camp.

I have read and fully understand the above 'CIT Information to Review':

CIT Applicant's Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent Name \_\_\_\_\_ Relationship \_\_\_\_\_  
First Last

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_

What are your favorite foods and/or dietary restrictions (if any)?

FAVORITE FOODS: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

DIETARY RESTRICTIONS\*:

- ☐ None
- ☐ Vegetarian
- ☐ Vegan\*
- ☐ Kosher /Halal\*
- ☐ No Dairy
- ☐ Gluten Free \*
- ☐ No Sweets
- ☐ Nuts/Beans Specify: \_\_\_\_\_

Other dietary restrictions: \_\_\_\_\_

*\*Note: Some diets may require that you bring necessary food/supplements*

**DIAGNOSIS:**

- ☐ None
- ☐ Autism
- ☐ Asperger Syndrome
- ☐ Cerebral Palsy
- ☐ Down Syndrome
- ☐ Intellectual Disability
- ☐ Seizure Disorder
- ☐ Pica
- ☐ Prader Willi Syndrome
- ☐ ADD/ADHD
- ☐ Bipolar Disorder
- ☐ Chronic Illness: \_\_\_\_\_
- ☐ Mental Health: \_\_\_\_\_
- ☐ Other: \_\_\_\_\_

**REQUIRING 1:1  
SUPPORT:**

- ☐ Does Not Apply
- ☐ Yes
- ☐ No
- ☐ Not Sure

**COMMUNICATION SKILLS:**

- ☐ Verbal
- ☐ Non-Verbal
- ☐ Limited Verbal Skills
- ☐ Uses Sign Language
- ☐ Uses Facilitated Communication Devices
- ☐ Other: \_\_\_\_\_

**MOBILITY:**

Does the CIT require the use of a wheelchair or walker?

Yes\_\_\_No\_\_\_

If 'Yes' Share the best support to provide for daily needs:

\_\_\_\_\_

Does the CIT require assistance up and down stairs, hills?

Yes\_\_\_No\_\_\_

Regional Center: \_\_\_\_\_ UCI# \_\_\_\_\_ Service Coord. Name \_\_\_\_\_  
Service Coord. email \_\_\_\_\_

**SELF-SUFFICIENCY:**

Does the CIT require assistance with the following? *(Check those that apply)*

- ☐ Showering
- ☐ Toileting
- ☐ Dressing
- ☐ Eating

If so, what type of assistance do they require?

- ☐ Verbal Prompts
- ☐ Hand-over-hand
- ☐ Complete Assistance

Please provide additional  
information: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Please select the CIT's favorite activities or interest (any that apply):

- ☐ Archery
- ☐ Swimming
- ☐ Group Sports
- ☐ Hiking
- ☐ Rock Climbing Wall
- ☐ Scavenger Hunts
- ☐ Costume Play/Dress Up
- ☐ Acting/Singing/Performing
- ☐ Craft Activities
- ☐ Drawing/Painting
- ☐ Geology/Earth Science
- ☐ Plant/Animal Identification
- ☐ Community Service
- ☐ Activity/Event Planning
- ☐ Advocacy/Social Justice
- ☐ Leadership
- ☐ Environmentalism/Ecology
- ☐ Play in Nature

**OVERALL NATURE (BEHAVIOR/ ATTITUDE):**

Please make us aware of any potential behaviors to possibly expect....

- ☐ Good-natured
- ☐ Withdrawn/Shy
- ☐ Self-Injurious

- ☐ Aggressive
- ☐ Wandering
- ☐ Running
- ☐ Tantrums
- ☐ Property Destruction

- ☐ Excessive Verbalization
- ☐ Perseveration
- ☐ Frustration when working on tasks
- ☐ Other: \_\_\_\_\_

**Please** explain what we will need to know, about any checked behaviors and their frequency:

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**HOW SHOULD WE SUPPORT THE CIT DURING CHALLENGING TIMES?**

- ☐ Separate from group
- ☐ Reason with
- ☐ Give extra attention
- ☐ Other \_\_\_\_\_

**Please** explain what helps the CIT cool down after challenging moments?

(Music, books, walks, conversation, etc...)

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**Please** explain anything else (or provide more specific information) we need to know in order for the CIT to have a successful time at Camp (Attach additional pages, if necessary):

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*This information assists us in applying for grants/additional funding:*

**PLEASE CHECK ONE BOX:**

	African American	American Indian	Asian	Caucasian	Hispanic	Pacific Islander	Other:
Male							
Female							
Other							

**I GIVE MY PERMISSION FOR THE CAMP HEALTH CARE PROVIDER/ AUTHORIZED CAMP STAFF TO ADMINISTER MEDICATION AND PROVIDE ROUTINE HEALTH CARE (AS MAY BE NECESSARY).**

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Name \_\_\_\_\_ Relationship \_\_\_\_\_  
First Last

Signature \_\_\_\_\_ Date \_\_\_\_\_



## **THE FOLLOWING 8 QUESTIONS TO BE ANSWERED BY CIT APPLICANT:**

**Note:** *As with any position, Jay Nolan Camp looks at past performance (when applicable), present state of interest/experience, and future goals.*

1. There are a lot of different things you could do this summer. Why do you want to attend Jay Nolan Camp as a CIT?

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2. What experience do you have with children with or without developmental disabilities?

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3. What's an example of something you're proud of; maybe something challenging, that you were able to do because of hard work and being responsible? Please tell us about it...

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4. How do you take feedback when it's hard to hear?

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5. Tell me about a time you were given responsibility and it didn't go perfectly. What did you do?

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6. How would you go about including all children together, regardless of their abilities?

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7. What would you like to gain from the CIT program this summer?

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8. What's one of your favorite camp songs? Are you willing to teach it to Campers?

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# HEALTH AND IMMUNIZATION HISTORY

1. Is CIT covered by Medi-Cal? YES \_\_\_\_\_ NO \_\_\_\_\_ MediCal # \_\_\_\_\_

2. Is CIT covered by private medical insurance? YES \_\_\_\_\_ NO \_\_\_\_\_

Medical Insurance \_\_\_\_\_ Policy # \_\_\_\_\_

Group # \_\_\_\_\_ Name of Primary Insured \_\_\_\_\_

**ALLERGIES** - List all known.

**REACTION** - describe reaction and management of the reaction

**Medication Allergies** (list) - include aspirin, penicillin, etc.

\_\_\_\_\_  
\_\_\_\_\_

**Food Allergies** (list) - include specific foods, dyes, etc.

\_\_\_\_\_  
\_\_\_\_\_

**Other Allergies** (list) - include insect stings, hay fever, asthma, pollen, etc.

\_\_\_\_\_  
\_\_\_\_\_

## GENERAL QUESTIONS: (Explain 'Yes' answers below.)

HAS/DOES THE PARTICIPANT:	YES	NO	HAS/DOES THE PARTICIPANT:	YES	NO
Had a recent injury/illness/infectious disease?			Ever had a problem with joints?		
Ever had a chronic/recurring illness/condition?			Have skin problems (itching, rash, acne)?		
Ever been hospitalized?			Have diabetes?		
Ever had surgery?			Have asthma?		
Have frequent colds/headaches?			Had bowel problems (diarrhea, constipation)?		
Had psychiatric/psychological counseling?			Ever had a head injury?		
Had psychiatric/psychological hospitalization?			Have problems with sleepwalking?		
Wear glasses, contacts, or protective eyewear?			If female, have menstrual problems?		
Ever had frequent ear infections?			Have a history of bed-wetting?		
Ever passed out during/after exercise?			Have bladder problems?		
Ever had chest pain during/after exercise?			Ever had an eating disorder?		
Ever had high blood pressure?			Ever had sinus problems?		
Ever had a heart murmur or heart disease?			Other?		
Ever had back problems?			Been looking forward to camp?		

Please explain 'Yes' answers: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Which of the following has the participant had?

- ☐ Measles
- ☐ Chicken Pox
- ☐ Rubella
- ☐ Mumps
- ☐ Hepatitis A
- ☐ Hepatitis B
- ☐ Hepatitis C

**TB Mantoux Test**

Date of last test \_\_\_\_\_

Result (Check):

◆ Positive    ◆ Negative

**ATTACH A COPY OF IMMUNIZATION RECORD, OR write in all dates for:**

VACCINE:	MO/YR	MO/YR	MO/YR	MO/YR	MO/YR	MO/YR
DTP						
TD (tetanus/diphtheria)						
TETANUS						
POLIO						
MMR						
or Measles						
or Mumps						
or Rubella						
Homophiles influenza B						
Hepatitis B						
Varicella (chicken pox)						



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## AUTHORIZATION TO CONSENT TO MEDICAL TREATMENT

\_\_\_\_ I, the person named below, consent to medical treatment.

\_\_\_\_ I am a parent, guardian or conservator, or person authorized under California or United States Law or by court order, to authorize consent to medical treatment for the person named below.

Name of Person: \_\_\_\_\_

I authorize Jay Nolan Recreational Services Inc., any of its employees, agents or contractors to obtain and consent to medical assistance and treatment, including but not limited to: surgery, dental treatment, mental health treatment, and anesthesia, for the person named above. In granting this authorization, I understand as follows:

- That Jay Nolan Recreational Services Inc. may release information regarding the person's medical history to secure medical assistance or treatment,
- That Jay Nolan Recreational Services Inc. may provide medical assistance and treatment to the person if other appropriate medical assistance and treatment cannot reasonably be obtained when needed,
- That Jay Nolan Recreational Services Inc. will make all reasonable efforts to secure medical assistance and treatment with professionally accepted standards for the area where the person is located (not necessarily the place of residence) when treatment is sought,
- That Jay Nolan Recreational Services Inc. and any of its employees, agents and contractors will make all reasonable efforts to contact me as soon as possible in the event of a medical emergency,
- That Jay Nolan Recreational Services Inc. carries liability insurance only. I agree that all medical or hospital costs incurred are my sole responsibility.
- That if I have any objections or limitations to treatment, I have them listed below:  
\_\_\_\_\_  
\_\_\_\_\_
- That I may terminate this authorization at any time by written notice to the Executive Director of Jay Nolan Recreational Services. Unless I terminate in this manner, this authorization shall remain in effect for one (1) year after the date signed.

Signature: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Relationship: \_\_\_\_\_

Witness: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

CONSENTMED, REV2, 6/24



## Public Relations Consent Form

The purpose of this form is to give Jay Nolan Recreational Services, Inc. permission to use photographs and other likenesses of employees, volunteers, people served, and others who may grant permission for the promotion of the agency's programs, its mission, and general community outreach. Public relations/marketing activities may include, but are not limited to: publication of photographs in newsletters, on the web site, in advertisements, in brochures, on flyers, on display boards, on television, or in video and slide presentations.

NAME \_\_\_\_\_

I(We), \_\_\_\_\_, being either of legal age to consent, or the legal parent(s), guardian(s), or conservator(s) of the above named individual who is a minor child or person unable to consent on his or her own behalf, give Jay Nolan Recreational Services, Inc. (JNRS), its assigns, or successors, the right to use the above named individual's name and any photograph, video, voice recording or any other likeness JNRS has in any media form, now known and hereafter created, for the purpose of promoting JNRS mission, products, services, or programs. JNRS also has the right to substitute the above named individual's voice if it is deemed proper by JNRS.

Furthermore, I(We) agree that such items shall belong to JNRS and remain free and clear of any claim whatsoever on my(our) part or the part of the above named individual.

I(We) understand that I(We) may terminate authorization at any time for any future photographs, video, voice recordings, or other likenesses produced of the above named individual by delivering written notice to the Executive Director of JNRS. However, said termination shall not cover items previously authorized and already in production/use.

\_\_\_\_\_  
(Signature of Consenting Adult/Parent/Guardian)

\_\_\_\_\_  
(Printed Name)

\_\_\_\_\_  
(Date)

\_\_\_\_\_  
(Street Address)

\_\_\_\_\_  
(City)

\_\_\_\_\_  
(State)

\_\_\_\_\_  
(Zip)

\_\_\_\_\_  
(Witness)

\_\_\_\_\_  
(Date)



Participant's Name: \_\_\_\_\_  
Print Name

Lions Camp at Teresita Pines & Lions Camp at Wrightwood

### Waiver of Liability, Assumption of Risk, and Indemnity Agreement

**Waiver:** In consideration of being permitted to participate in any way in the Lions Camp at Teresita Pines Rock Climbing Wall (herein after known as "LCTP Rock Wall"), on 7/26/2026 through 7/31/2026 I, for myself, my heirs, personal representatives or assigns, **do hereby release, waive, discharge, and covenant not to sue** Lions Camp at Teresita Pines, its officers, employees, volunteers and agents from liability **from any and all claims including the negligence of Lions Camp at Teresita Pines, its officers, employees, volunteers and agents**, resulting in personal injury, accidents or illnesses (including death), and property loss arising from, but not limited to, participation in the LCTP Rock Wall activities.

\_\_\_\_\_  
Signature of Parent/Guardian of Minor Date

\_\_\_\_\_  
Signature of Participant Date

**Assumption of Risks:** Participation in the LCTP Rock Wall activities carries with it certain inherent risks that cannot be eliminated regardless of the care taken to avoid injuries. The specific risks vary from one activity to another, but the risks range from 1) minor injuries such as scratches, bruises, and sprains 2) major injuries such as eye injury or loss of sight, joint or back injuries, heart attacks, and concussions 3) catastrophic injuries including paralysis and death.

**I have read the previous paragraphs and I know, understand, and appreciate these and other risks that are inherent in the activities made possible by the LCTP Rock Wall. I hereby assert that my participation is voluntary and that I knowingly assume all such risks.**

**Indemnification and Hold Harmless:** I also agree to INDEMNIFY AND HOLD the **Lions Camp at Teresita Pines** HARMLESS from any and all claims, actions, suits, procedures, costs, expenses, damages and liabilities, including attorney's fees brought as a result of my involvement in the LCTP Rock Wall activities and to reimburse them for any such expenses incurred.

**Severability:** The undersigned further expressly agrees that the foregoing waiver and assumption of risks agreement is intended to be as broad and inclusive as is permitted by the law of the State of California and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.

**Acknowledgment of Understanding:** I have read this waiver of liability, assumption of risk, and indemnity agreement, fully understand its terms, and **understand that I am giving up substantial rights, including my right to sue.** I acknowledge that I am signing the agreement freely and voluntarily, and **intend by my signature to be a complete and unconditional release of all liability** to the greatest extent allowed by law.

\_\_\_\_\_  
Signature of Parent/Guardian of Minor Date

\_\_\_\_\_  
Signature of Participant Date

Participant's Age (if minor) \_\_\_\_\_

Revised 6/2024

# 2026 MEDICAL EXAMINATION FORM – PAGE 1

**A LICENSED PHYSICIAN MUST COMPLETE THE MEDICAL EXAMINATION FORM.**

**A MEDICAL EXAMINATION MUST BE PERFORMED WITHIN A YEAR PRIOR TO CAMP ATTENDANCE.  
PLEASE COMPLETE BOTH PAGES.**

## CIT (Counselor-In-Training) INFORMATION

Name:	Sex:	Age:	Birthdate:
Diagnosis or Disability (if applicable):			
BP:	Height:	Weight:	
Does CIT have a history of seizures? Yes <input type="checkbox"/> No <input type="checkbox"/>			
If yes, specific type:			
Frequency:	Length:		
Present Status:	Date of last seizure:		

## MEDICATIONS (To be administered at Camp)\*

If CIT is taking herbal/homeopathic medications, vitamins, or over-the-counter medications, they also must be listed. If a psychiatrist prescribes medications, they must complete a form listing medications as well. Attach additional pages, if necessary.

**\*Please Print Legibly**

Name of prescription medication, vitamins, homeopathic/herbal medications, over-the-counter medications	Dosage	Purpose	Times to be administered (Camp mealtimes/bedtime listed):				
			B-fast 8:30am	Lunch 12:30pm	Dinner 5:30pm	Bedtime 9:00pm	Other ?
1.							
2.							
3.							
4.							
5.							
6.							
7.							

The Health Care Provider at camp follows standing orders from our physician consultant, which include over-the-counter medications as needed, such as analgesics, topical ointments, decongestants, and medications for colds, allergies, indigestion, constipation, diarrhea, eye and mouth care, and basic first aid. Are there any concerns with administration of over-the-counter medications and/or treatments?

Yes ☐ No ☐

If yes, explain \_\_\_\_\_

**X** \_\_\_\_\_

Signature of Physician

\_\_\_\_\_

Date

(OVER)



## 2026 MEDICAL EXAMINATION FORM – PAGE 2

CIT's Name \_\_\_\_\_

### DESCRIPTION OF JAY NOLAN CAMP FOR PHYSICIANS' REVIEW

Jay Nolan Camp is an inclusive sleep-away camp that runs 6 days/5 nights each camp session in the mountains of Wrightwood, CA. The elevation is approximately 6,000 ft and the terrain of the campground can be uneven in certain areas. All activities are non-competitive and carefully supervised (including Archery, Sports & Games, Swimming, Hiking, etc.). They are designed to meet the needs of all participants, encouraging their participation to the best of their ability. Camp Staff/ On-site Health Care Provider will strictly observe physician recommendations.

### RECOMMENDATIONS AND RESTRICTIONS AT CAMP

*Treatment to be continued at camp* \_\_\_\_\_

*Any medically prescribed meal plan or dietary restrictions* \_\_\_\_\_

*Description of any limitation or restrictions at camp* \_\_\_\_\_

*Additional information for health care staff at camp* \_\_\_\_\_

### HEALTH STATEMENT

I hereby certify that the above CIT \_\_\_\_\_ is \_\_\_\_\_ is not in good health and physically able to attend camp. The CIT has no evidence of a skin rash or communicable ailment that might endanger the health of other people. The CIT has had no recent illnesses with the exception of: \_\_\_\_\_

Signature of Physician	Date of Exam	Date of Form Completion	
Name of Physician		Physician's Address	
Name of Medical Agency if CIT attends a Clinic or Hospital		Telephone No.	Fax No.